

SPRING 2020 AFTER SCHOOL ACTIVITIES

online registration is available!



AFTER SCHOOL ACTIVITIES SPRING 2020

Mondays			
Program	Grades	Time	6-week
Sporties for Shorties	3YO-PK	3:30-4:30pm	<input type="checkbox"/> \$90.00
Swim Lessons	K-2	3:30-4:30pm	<input type="checkbox"/> \$120.00
Spring has Sprung!	K-5	3:30-4:30pm	<input type="checkbox"/> \$115.00
<i>Class Dates: April 6, 13, 27 May 4, 11, 18 (No class April 20)</i>			
			Total \$

Tuesdays			
Program	Grades	Time	7-week
Mindfulness & Movement	3YO-PK	3:30-4:30pm	<input type="checkbox"/> \$150.00
Archaeology, Can You Dig It?	K-3	3:30-4:30pm	<input type="checkbox"/> \$175.00
4th & 5th Grade Choir	4-5	3:30-4:30pm	<input type="checkbox"/> \$100.00
<i>Class Dates: April 7, 14, 21, 28 May 5, 12, 19</i>			
			Total \$

Wednesdays			
Program	Grades	Time	7-week
Gymnastics & Fitness	3YO-PK	3:30-4:15pm	<input type="checkbox"/> \$140.00
Little Travelers	K-3	3:30-4:30pm	<input type="checkbox"/> \$135.00
Chess Kings & Queens	K-5	3:30-4:30pm	<input type="checkbox"/> \$140.00
<i>Class Dates: April 8, 15, 22, 29 May 6, 13, 20</i>			
			Total \$

Thursdays			
Program	Grades	Time	6-week
CrossFit for Kids	3YO-PK	3:30-4:30pm	<input type="checkbox"/> \$105.00
S.P.A.R.K.	K-3	3:30-4:30pm	<input type="checkbox"/> \$90.00
Mindfulness & Movement	K-5	3:30-4:30pm	<input type="checkbox"/> \$130.00
<i>Class Dates: April 9, 16, 23, 30 May 7, 14 (No class May 21st)</i>			
			Total \$

Fridays			
Program	Grades	Time	6-week
Ultimate Ninja Obstacle Course	3YO-PK	3:30-4:30pm	<input type="checkbox"/> \$90.00
Swim Lessons	PK-1	3:30-4:30pm	<input type="checkbox"/> \$120.00
Hip Hop Dance	K-5	3:30-4:30pm	<input type="checkbox"/> \$110.00
<i>Class Dates: April 10, 17, 24 May 1, 8, 15 (No class May 22nd)</i>			
			Total \$

Special Features			
Program	Grades	Time	Cost
Homework Club*	2-5	Tues/Wed/Thurs, 3:45-4:45pm	<input type="checkbox"/> \$7.50 per day
<i>*Note: HW Club begins March 31st</i>			
			Total \$

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Special Features
Sporties for Shorties <i>grades 3YO-PK</i>	Mindfulness & Movement <i>grades 3YO-PK</i>	Gymnastics & Fitness <i>grades 3YO-PK 3:30-4:15pm</i>	CrossFit for Kids <i>grades 3YO-PK</i>	Ultimate Ninja Obstacle Course <i>grades 3YO-PK</i>	Homework Club <i>grades 2-5 Tues/Wed/Thurs 3:45-4:45pm</i>
Swim Lessons <i>grades K-2</i>	Archaeology, Can You Dig It? <i>grades K-3</i>	Little Travelers- <i>grades K-3</i>	S.P.A.R.K. <i>grades K-3</i>	Swim Lessons <i>grades PK-1</i>	
Spring has Sprung! <i>grades K-5</i>	4th & 5th Grade Choir <i>grades 4-5</i>	Chess Kings & Queens <i>grades K-5</i>	Mindfulness & Movement <i>grades K-5</i>	Hip Hop Dance <i>grades K-5</i>	

Please send completed registration form and check payment (payable to Columbus Academy) to:

Columbus Academy
Attn: Special Programs
4300 Cherry Bottom Road
Gahanna, OH 43230

REGISTRATION IS ALSO AVAILABLE ONLINE THROUGH MY BACKPACK

GRAND TOTAL

\$ _____

office: 614.509.2267
fax: 614-475-0396
programs@columbusacademy.org

ONLINE REGISTRATION OPENS MARCH 2ND THROUGH MY BACKPACK

Registration / Cancellation deadline: Friday, March 27th
All programs run from 3:30-4:30pm unless otherwise specified above.
Contact Us: programs@columbusacademy.org | (614) 509-2267

For business office use only: check # _____ date received: _____ amount: _____ received by: _____

2020 SPRING ASA PROGRAMS

All programs run from 3:30-4:30pm unless otherwise specified. Registration and payment is required for enrollment in ASA programs. Classes must reach the minimum number for enrollment or will be canceled. **The registration / cancelation deadline is Friday, March 27th.**

MONDAYS - April 6, 13, 27 May 4, 11, 18 (No class April 20)

Sporties for Shorties

Grades: 3YO-PK | \$90 (6 classes)

Instructor: JumpBunch

Looking for a sports readiness program perfect for your little one? Search no more! This spring, the JumpBunch coach will bring child-centered sports programs to preschoolers that are a perfect match for their needs. Classes begin with kid friendly warm-ups and exercises, then introduces the “shorties” to individual skills, equipment and simple rules of different sports every week. Coaches praise and encourage children while helping them develop coordination, teamwork and confidence. Each session concludes with games, obstacle courses and cool downs to keep kids engaged and moving. Children should dress to be very active.

Swim Lessons

Grades: K-2 | \$120 (6 classes)

Instructor: GCSTO

The Greater Columbus Swim Team of Ohio teaches Columbus Academy instructional swim lessons in a fun yet challenging atmosphere. Participants are observed and placed in appropriate levels according to their current skill level. Beginning swimmers will learn the most basic skills needed to become self-sufficient in the water while swimmers with more advanced skills will be progressed through a series of eight levels which will focus on the proficient acquisition of all four of the competitive swimming strokes. Certificates will be awarded at the end of each session. **Participants should bring their own towels.**

Spring has Sprung!

Grades: K-5 | \$115 (6 classes)

Instructor: Angela Martin

Explore all the outdoors has to offer in the gardening/nature class. We will create an herb garden and small vegetable gardens to take home, build bird feeders, and explore the beauty that nature offers each day. To compliment our gardening projects, we will create some art work from our findings outside to take home. Discover your green thumb in this class!

COLUMBUS ACADEMY 2020 WINTER ASA REGISTRATION FORM

Student Name	D.O.B.	/	/
Grade			
Teacher			
Parent Email			
Parent Phone			
What is your child's typical after-school transportation?	<input type="checkbox"/> Bus	<input type="checkbox"/> Carpool	<input type="checkbox"/> CASE

Registration Deadline

The registration deadline is Friday, March 27th.

Payments

ASA program fees will be charged to the student's school account. Charges will appear on monthly billing statements, and payment can be made upon receipt. You may also make an ASA-specific payment in My BackPack at your convenience- please allow 24-72 hours after submitting your registration for charges to appear on your account.

Cancelations and Refunds

If you need to cancel your registration, our office must be notified by the registration deadline in order to receive a full refund. Cancelations received after the deadline may be subject to a pro-rated refund amount or no refund at all as determined by the Special Programs Director. Please understand that after the registration deadline, we have made firm financial commitments to our faculty and staff, in addition to purchasing materials for the class. If you do not notify us and your child does not attend, you may be subject to our no-show policy in which no refund will be issued.

All ASA classes have a minimum enrollment that must be met in order to run. If we need to cancel a class due to low enrollment, the decision will typically be made no later than the Friday prior to the week classes begin. You will be notified via email, and a full refund will be issued.

Parent/Guardian Authorization and Release

I authorize my child to participate in the Columbus Academy After School Activities. I release and forever discharge The Columbus Academy and its trustees, employees, agents, their heirs, successors and assigns, either jointly or severally, from any and all claims, damages, obligations, causes of action or suits, resulting from bodily injury to my child or damage to or loss of my child's property arising from participation in this program and any travel related thereto.

In case of emergency, if parents, emergency contact person, or child's physician cannot be reached by phone, I authorize Columbus Academy to arrange for emergency medical treatment inclusive of surgical intervention for my child, and I agree to assume liability for any medical expenses incurred.

I permit Columbus Academy to use, in whole or in part, photographs of my child in school communications.

I have read and agree to the Parent/Guardian Authorization and Release.

Signature (required) _____ Date _____

Questions? Contact Us!

(614) 509-2267

programs@columbusacademy.org



OVER



WEDNESDAYS - April 8, 15, 22, 29 May 6, 13, 20

Gymnastics & Fitness

Grades: 3YO-PK | \$140 (7 classes)

Instructor: Gym Skills

Gym Skills brings a large variety of gymnastics equipment such as various floor mats, beam, springboard, and bars! Our Gymnastics & Fitness class will teach children basic gymnastics skills and techniques. Each class incorporates a fitness warm up/activity. Open to all skill levels. *Students should wear clothing that allows for free movement.*

NOTE: This is a 45-minute class and ends at 4:15pm.

Little Travelers

Grades: K-3 | \$135 (7 classes)

Instructor: Angela Martin

Do you love to travel? Are you interested in exploring other countries and ever want to explore new countries and learn how other people live? We are going to travel around the world (via Google Earth & our imaginations) and visit a new country weekly! You'll get a stamp in your passport and then, off we go! We'll do a craft from the country we are visiting, listen to local music, and hear a story. If we "visit" a country your child has visited, they are welcome to bring a special memento or keepsake from their travels to share with the group. to bring in any special keepsakes or mementos from their own travels to share with the group.

Chess Kings & Queens

Grades: K-5 | \$140 (7 classes)

Instructor: Kyle Jones USCF CM

Chess Kings and Queens provides students the opportunity to learn world champion moves, practice end game maneuvers, and participate in our own club tournament. In addition, students will be given the opportunity to receive prizes for their hard work!

THURSDAYS - April 9, 16, 23, 30 May 7, 14 (No class May 21)

CrossFit for Kids

Grades: 3YO-PK | \$105 (6 classes)

Instructor: Matt Wilson

During this course, we will be teaching our smallest friends all about fitness, flexibility and teamwork! We will also discuss how and why healthy food choices can nourish our bodies!

S.P.A.R.K.

Grades: K-3 | \$90 (6 classes)

Instructor: Davida Arnold

Speaking to the Potential, Ability and Resilience inside every Kid; Get a jump on success through S.P.A.R.K.! Did you know that you already have potential and resilience within you to help you navigate more successfully through school and life? Through interactive lessons, we will tap into your creative intelligence, innate wisdom, and inner brilliance to help you maximize your personal potential, increase your confidence and self-esteem, improve your social skills, and connect more with your community!

Mindfulness & Movement

Grades: K-5 | \$130 (6 classes)

Instructor: Bright Yogis

Bright Yogis offers a unique program combining yoga and mindfulness practices for children. We are empowering and inspiring young minds and bodies with:

- * Enhancement of Physical Strength & Flexibility for Health & Sport
- * Strengthening of the Mind-Body Connection
- * Refinement of Balance & Coordination
- * Development of Focus & Concentration
- * Boost of Self-Esteem & Confidence
- * Nurtures the Power to Self-Regulate & Relax

Register with a friend and enjoy your time together! *Mats are provided or students can bring their own. Students should wear stretchy clothing. For more specific information, please visit www.BrightYogis.com.*

FRIDAYS - April 10, 17, 24 May 1, 8, 15 (No class May 22)

Ultimate Ninja Obstacle Course

Grades: 3YO-PK | \$90 (6 classes)

Instructor: JumpBunch

Looking for a sports and fitness program for your little one? JumpBunch has designed this program with our smallest friends in mind! This engaging course includes a warm up and exercise set to music and introduces a variety of different sports activities. Your preschooler will love JumpBunch! *Participants should wear athletic shoes and dress to be active.*

FRIDAYS (Continued)

Swim Lessons

Grades: PK-1 | \$120 (6 classes)

Instructor: GCSTO

The Greater Columbus Swim Team of Ohio teaches Columbus Academy instructional swim lessons in a fun yet challenging atmosphere. Participants are observed and placed in appropriate levels according to their current skill level. Beginning swimmers will learn the most basic skills needed to become self-sufficient in the water while swimmers with more advanced skills will be progressed through a series of eight levels which will focus on the proficient acquisition of all four of the competitive swimming strokes. Certificates will be awarded at the end of each session. **Participants should bring their own towels.**

Hip Hop Dance

Grades: K-5 | \$110 (6 classes)

Instructor: Chelsea Crabtree / CLC Dance

Come dance with us! Hip Hop dance teaches coordination, rhythm, and confidence. Students will develop strength, focus and agility through basic break dancing and street jazz techniques in a fun and energetic environment! *Don't forget to bring your sneakers!*

SPECIAL FEATURES

Homework Club

Tuesdays, Wednesdays and Thursdays, 3:45pm-4:45pm, beginning March 31st

Grades: 2-5 | \$7.50 per day

Instructor: Donna Saide

This quiet environment provides the opportunity to complete homework and get support from a CA faculty/staff member.

Questions? Contact Us!

Special Programs Office..... (614) 509-2267

Director.....(614) 509-2529

Email.....programs@columbusacademy.org

TUESDAYS - April 7, 14, 21, 28 May 5, 12, 19

Mindfulness and Movement

Grades: 3YO-PK | \$150 (7 classes)

Instructor: Bright Yogis

Bright Yogis offers a unique program combining yoga and mindfulness practices for children. We are empowering and inspiring young minds and bodies with:

- * Enhancement of Physical Strength & Flexibility for Health & Sport
- * Strengthening of the Mind-Body Connection
- * Refinement of Balance & Coordination
- * Development of Focus & Concentration
- * Boost of Self-Esteem & Confidence
- * Nurtures the Power to Self-Regulate & Relax

Register with a friend and enjoy your time together! *Mats are provided or students can bring their own. Students should wear stretchy clothing. For more specific information, please visit www.BrightYogis.com.*

Archaeology, Can You Dig It?

Grades: K-3 | \$175 (7 classes)

Instructor: Jeff White

Calling all Vikings. Come one, come all! You will have an exciting opportunity to become scientists for 7 weeks while you perform your own chemistry experiments and demonstrations! Have you ever excavated fake "poo" from an Aztec? Performed an experiment with phenol red? Don't know what that is? You will in January 2020; see you then!

4th & 5th Grade Choir

Grades: 4-5 | \$100 (7 classes)

Instructor: Amy McLaughlin

Does your child have an itch to sing? Are they belting out songs in the car? Waking your family up with pop tunes in the shower? Send them to this special after-school choir, led by Amy McLaughlin, so that they can better learn age-appropriate vocal technique, correct breathing, awesome posture, and more than anything, to have fun! There will be a concert to showcase their work on Tuesday, **May 19th**; anyone and everyone is invited!